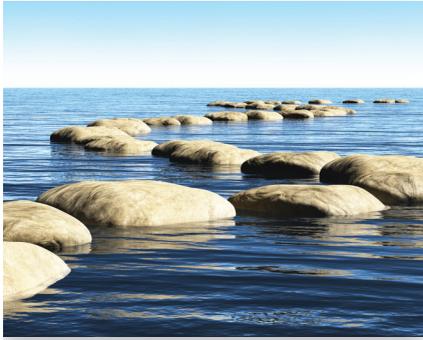


Welcome to *Pursue Your Path*



To travel more easily on
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Elizabeth Dickinson
Speaker and Certified
Life Coach
M.A. Holistic Counseling
Psychology

*Do you ever wonder if the **path you're on** really reflects who you are **deep down**? Do you wonder if you could pursue your **existing path** so you would experience **more ease and joy** along the way?*

Everyone navigates an outer path and an inner path. The outer path is what we *do*. The inner path is *how* we travel — what we think and feel about our paths.

As an individual who has travelled many paths — including acting, teaching, counseling, community organizing, politics, advocacy, and dancing — I know there is not a single path in life or a single way to pursue your path. Although I am committed to living life fully, even I have suffered from doubts and fears about whether I was on the best path for me and about how I was pursuing my true path. Why wasn't it easier? How *could* I travel it more easily?

Always, many paths exist to suit and reflect the unique journey each of us takes. While the path can and should change to reflect different stages of our lives, any path is most enjoyable when it reflects our inmost strengths, abilities, and desires. This brings our outer and inner paths into balance.

Through my coaching and workshops, I help people move from discouraged “stuckness” onto their true paths. If they are already on their true paths, I see them move from doubt to clarity, and from anxiety to calm.

With my coaching and speaking, I draw on a wide range of positive psychology based on neuroscientific principles. I pride myself on personalizing my approach and creating interactive presentations that honor and celebrate the unique inner wisdom waiting to be tapped inside everyone.

What unites my coaching, speaking, and writing is my own deeply held belief that we are all capable of finding and traveling our paths more easily, freely, and joyfully, to achieve fulfillment through exercising our passion, purpose, and power.

If you have ever wondered whether you were on the right path, or whether you and your organization could enjoy more ease in pursuing your paths, I invite you to contact me.

With my coaching, you can pursue *your* paths to passion, purpose, power... *and ultimately to inner peace, the most important destination of all.*

Best wishes,
Elizabeth